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Primary Health Care

# Validity and reliability study of the vaccine hesitancy scale in Turkish sample

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# **ABSTRACT**

**Objectives:** This study aims to test the validity and reliability of the Vaccine Hesitancy Scale (VHS) developed by Larson for Turkish society due to the limited measures of vaccine hesitancy studies in Turkey. This scale can help advance research and vaccination policy for human well-being.

**Methods:** Two hundred fourty-six participants completed the first questionnaire in Turkish between September and October 2020. The sample of the study was determined to consider the number of items on the 9-item scale is more than 27 times. The retest was used to test the validity of the scale in the study.

**Results:** The ratio of the scale to chi-square degrees of freedom is 2.29. This can be considered as a sufficient fit. As a result of the first level Confirmatory Factor Analysis (CFA), the values of the goodness of fit suggested that the two-factor model can be considered compatible with the data. The Cronbach's alpha of the total items of the scale is = .801. Factor 1 which was the 'lack of confidence' of Cronbach's alpha was 0.904. Factor 2 that was the 'risks' was 0.742. The reliability and validity of the VHS analysis revealed a two-factor structure with construct and criterion validity to detect vaccine hesitancy.

**Conclusions:** VHS is recommended to be used as a data collection tool in health care services to detect the level of vaccine hesitancy among the public. The adaptation of VHS into the Turkish language can help health care providers and immunization policy makers to improve effective approaches by focusing on the individuals' confidence in vaccination.

Keywords: Confidence in vaccination, vaccine hesitancy, scale, vaccine

Vaccine immunization is undoubtedly the best cost-effective method of combating preventable diseases of the last century [1]. The vaccine provides both individual and social immunization [2]. Vaccination programs are the most effective method that has been used to prevent and eliminate communicable diseases and reduce morbidity and mortality rates for public health [1]. According to the report of the WHO (2019); global immunization prevents 2-3 million

deaths in a year. The global immunization rate has been around 85% for the last few years. It is stated that the vaccination can prevent 1.5 million more people from deaths per year by increasing the immunization rates to the targeted level [3].

When the vaccination was first introduced in Europe in the 18th century to prevent smallpox, people had started to hold hesitancy about vaccination [4-6]. "Vaccination hesitant" mean delayed acceptance or re-

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fusal of vaccination despite the availability of services [7]. Vaccine hesitancy was defined as attitudes such as anxiety or doubts as well as a behavior [8]. Factors contributing to vaccine hesitancy are different based on the specific vaccine, individual factors, social influences, and environmental conditions [9, 10]. For example, there are different attitudes around vaccine hesitancy related to the distrusting vaccines or health-care providers and different perceptions of the need for vaccination [11, 12].

WHO (2019) identified vaccine hesitancy as an important issue that can solve ten global health problems. Importantly, it plans to resolve in recognizing the importance of community immunization and the increase in vaccine-preventable diseases. WHO has proposed a multifaced strategy to reduce and stop individuals' vaccine hesitancy by developing vaccination programs to proactively prevent vaccine hesitations in many countries [3]. In the last 20 years, especially in the last 8 years, concerns against vaccination and vaccine hesitancy have started to increase again, and WHO established the "Vaccine Hesitancy Working Group" in 2012 and began to investigate the reasons for vaccine rejection [13]. This research group developed a measure to explore vaccine hesitancy through a systematic review of existing research, a review of questions used by the WHO and UNICEF Joint Reporting Form, and expert consultation [14]. WHO recommended to implementing these tools to evaluate and research in different contexts to determine whether they can be used as a basis for measuring vaccine hesitancy. Moreover, they focused on how this can be adapted to low- and middle-income countries [13]. In response to this recommendation, one of these tools with the potential to measure and compare vaccine hesitancy across countries and overtime was the Vaccine Hesitancy Scale (VHS). This tool has been approved and evaluated in Canada, Guatemala, and more recently in the United Kingdom and Sudan [15-18]. Findings from these four countries revealed that VHS is a valid and reliable tool for measuring vaccine hesitancy. Also, it was recommended that VHS needs further adaptation and validation in different contexts [15-18]. The development and standardization of a vaccine hesitancy measure are crucial to improving jurisdiction and the ability to measure, evaluate and compare over time.

The development and standardization of a vaccine

hesitancy measure are key to improve jurisdiction and the ability to measure, evaluate and compare over time. Recently, several scholars also paid attention to the COVID-19 vaccine hesitancy as a public health problem [19-23]. Therefore, the VHS can be used to examine the level of vaccine hesitancy during the COVID-19 crisis. Importantly, there are no existing tools for measuring vaccine hesitancy in Turkey. The examination of the vaccination hesitancy has been started by using different measures at the international level. Some of these measures are the 8-item Vaccine Confidence Scale [24], 18-item Parental Attitudes towards Childhood Vaccination Scale [25], 7-Item Vaccination Conspiracy Belief Scale [26], 12-item Vaccination Attitudes Review Scale [27], 5-item Vaccine Attitude Scale [28]. Larson et al. [14] tried to standardize the vaccine hesitancy measure. These studies help us to recognize the importance of examining the vaccine hesitancy to improve confidence in vaccination. Insufficient quality of the data prevented the monitoring of various indicators. While vaccine hesitancy is an important public health problem, the measures around vaccine hesitancy have been limited to cover the complexity of confidence in the vaccination process [3]. A standardized, validated measurement tool of vaccine hesitancy will help develop the research and immunization policy. This tool has the potential to widely use to explore the relationship between vaccine instability, vaccine hesitancy and vaccine coverage, compare vaccine hesitancy between countries. Also, it can evaluate how individuals' vaccine hesitancy can change over time. This article aims to adapt the Vaccine Hesitancy Scale developed by Larson et al. [14] to Turkish society and examine whether it is a valid and reliable measurement tool in the adult sample.

#### **METHODS**

Considering the lack of reliable and valid measures around vaccine hesitancy in Turkey, this article tested the validity and reliability of the VHS in the Turkish language. The VHS was developed by Larson *et al.* [14] and tested the validity and reliability by Shapiro *et al.* [16]. This study examined the structure and internal consistency of the scale, construct validity, and criterion validity. We used an online survey to

test the reliability and validity of VHS in Turkish language. The participants who were recruited through social media (e.g., Instagram, Facebook, WhatsApp, Twitter etc.) lived in Turkey. The data were collected through applications on the web between October and November 2020. The inclusion criteria were (i) accepting to participate in the research, (ii) being over 18 years old, and (iii) being able to read and write. Data were collected by random sampling method. The sample of the study was more than 27 times the number of items on the 9-item scale, and 246 participants completed the first questionnaire. It is also stated that the sample size should be five or even ten times the number of observed variables [29, 30]. For the calculation of the reliability coefficients, the Re-test method, which is the application of a measurement tool to the same subject group twice in the same conditions and at a certain time interval, was used [29, 30]. Fifteen days after the first questionnaire, the same questionnaire was sent to the participants again for retest. Seventy-two participants completed the re-test part. Research data were collected by using the Participant Information Form and the VHS.

# **Ethical Considerations**

Bartin University Ethics Committee Approval was obtained to collect research data (2020-SBB-0204-22/08.10.2020). The first question of the online form was about consent regarding whether or not the person agreed to participate in the study. In this way, participants read the information about the study and give consent for participation in the study. Participants who gave their consent were included in the study.

# **Data Collection Tools**

## Participant Information Form

The authors prepared this form to explore the participants' socio-demographics. These socio-demographic items were about age, educational status, marital status, the number of children, etc.

#### Vaccine Hesitation Scale

This scale was developed by Larson *et al*. [14] to examine vaccine hesitancy, attitudes and problems regarding vaccination. Shapiro *et al*. [16] found that VHS has two factors with construct and criterion validity in determining parents who are hesitant about vaccination. In this study, Shapiro *et al*. [16] tried to

verify the nine-item VHS Likert-type scale question that was validated. The scale consists of 9 questions and two sub-dimensions: lack of confidence and risks. Items 1, 2, 3, 4, 5, 6, 7 are included in the lack of confidence dimension of the scale and items 8, 9 are included in the dimension of the risks. Scale questions are reverse coded up to 1-7. The scale has a five-point Likert-type rating included five points: "1-strongly disagree; 2-disagree; 3-neither agree nor disagree; 4-agree; "5-strongly agree". As the seven items were reversed, the higher score indicates more vaccine hesitancy. Scores range from 9 to 45 for the total number of sub-groups. The Cronbach alpha coefficient for the "lack of confidence" sub-dimension of the original scale was 0.90 and the "risks" was 0.64.

# **Statistical Analysis**

Frequency, standard deviation, and item mean were performed to assess the data revealed from the VHS. Pearson correlation analysis for item analysis was used to test the reliability. Cronbach's alpha analysis for internal consistency of the total scale and its sub-dimensions was implemented. Also, test-retest scores for time invariance were compared. SPSS version 22 and Amos version 24 programs were used for the analysis.

#### **RESULTS**

# **Sample Characteristics**

The sample consisted of 62.2% female, 37.8% male participants. Their educational status was 52.8% undergraduate, 17.5% primary education, 15.4% graduate and 14.2% high school level. The average age of the participants was  $36.47 \pm 37.43$  years, and the average monthly income of the family was  $6.056.36 \pm 6.946.97$  Turkish Liras. It was determined that 65.4% of the participants were married and 61.4% had children. 58.9% of participants heard negative information about vaccines.

# The Validity of the Vaccine Hesitation Scale Translation Procedures

Permissions of adopting the scale in the Turkish language were obtained via e-mail from Heidi J. Larson who is the original developer of the scale and Gilla K. Shapiro who psychometrically evaluated it. The

original scale was translated from English to Turkish by three faculty members from the departments of Social Work, Psychology and Public Health, who have mastered both English and Turkish languages, are native speakers of Turkish. Three translated versions were compared by the authors and the researchers developed a common Turkish text from these three Turkish translations. The linguists compared the scale that became original. The study started after the linguists gave congruence.

# Content Validity

The opinions of 20 experts were taken to evaluate the compatibility of the scale, which was translated into Turkish, with our culture and language. The profession of these experts included public health (including one professor, 3 associate professors and 4 assistant professors) and midwifery (including a professor, 3 associate professors and 4 assistant professors). However, no feedback was received from four faculty members. The expert team was informed about the study process and requested to evaluate 9 questions regarding the suitability of the question contents, the status of meeting the area to be measured, the scope and language validity.

Based on the technique developed by Lawshe

[31], the qualitative data obtained following expert opinions were converted into quantitative data after calculating the SVS and SVI values to determine the content validity and language validity of the items to be included in the scale. The content validity of the study was 0.91 and the language validity SVI value was 0.80. The fact that the SGI value obtained is greater than the SVI value (SGI > SVI) indicates that the content validity of the remaining items in the scale is statistically significant [31, 32]. The Kaiser Meyer Olkin (KMO) value of VHS was 0.862. The normal range of KMO value indicates that the explanatory factor analysis results can be applied to the data. As a result of the Bartlett Sphericity test, there was a significantly high correlation between variables and the data that means suitable for explanatory factor analysis (X2: 1156.115, SD: 36, p < 0.001).

# Reliability Analyzes

First, exploratory factor analysis (EFA) was performed in the study. According to EFA results, there are six items in the first factor and three items in the second factor. It was seen that the 5th item, which was located under the first factor in the original scale, was located under the second factor differently in the Turkish version of the scale. The eigenvalue of VHS's lack

Table 1. Distribution correlation of the items of the Vaccine Hesitation Scale by sub-dimensions

Items	Lack of confidence sub-dimension	Risk sub-dimension
1. Childhood vaccines are important for my child's health	0.82	
2. Getting vaccines is a good way to protect my child/children from disease	0.90	
3. Childhood vaccines are effective	0.86	
4. Having my child vaccinated is important for the health of others in my community	0.86	
5. All childhood vaccines offered by the government program in my community are beneficial		0.77
6. The information I receive about vaccines from the vaccine program is reliable and trustworthy	0.74	
7. Generally, I do what my doctor or health care provider recommends about vaccines for my child/children	0.75	
8. New vaccines carry more risks than older vaccines		0.82
9. I am concerned about serious adverse effects of vaccines		0.84
Eigenvalue	4.25	1.92
Explained Variance Total (68.69%)	46.22%	22.46%
Cronbach's alpha	0.904	0.742

of trust sub-dimension was 4.25 and the variance was 46.22%; the eigenvalue of the risk sub-dimension was 1.92 and the variance was 22.46%. The total variance explained is 68.69% (Table 1). It would be possible that the items of the scale, which consists of nine items, are distributed in a balanced way. One of the positive features of the scale is that the number of items distributed among the factors is not less than three [33].

To achieve the item-total score correlation; it is recommended that the sample size should be at least 100-200 people or at least 5 people should answer for each item [34]. If the item-total score correlation coefficient is 0.30 and above, its reliability is considered to be good [34, 35]. (see Table 1). In the lack of confidence sub-dimension of the scale, the item correlation coefficient was between 0.74 and 0.90. In the lower height of the risks, the coefficient was between 0.77-0.84. Therefore, the reliability of the scale was found to be good.

The internal consistency coefficient was examined for the reliability of VHS. For this, the Cronbach Alpha Coefficient was first measured. Cronbach's alpha for the instrument was .801 for the total scale. Cronbach's alpha for Factor 1 was .904 and Factor 2 was 0.742 (Table 1). If the Cronbach Alpha Coeffi-

cient is 0.60-0.80, it is highly reliable, and 0.80-1.00 indicates high reliability [36]. Lack of confidence sub-dimension of internal consistency coefficients of VHS was high reliability, and the risks sub-dimension were found quite reliable.

## Structure Validity

CFA was performed to evaluate the validity of the one-factor structure of the VHS, which consists of two sub-dimensions and a total of 9 items in the Turkish sample group. The results obtained in the first construct validity analysis were found sufficient. The scale illustrates 68.69% of the variance with this form. The first level factorial structure of VHS (6-item lack of confidence and 3-item risk factor structure), which consists of two sub-dimensions and a total of 9 items. This is presented in Fig. 1. As a result of CFA, the goodness of fit values of the scale obtained (x2 (26, n = 246) 91.75; p < 0.008; x2/df = 2.290; CMIN = 59.534; the root mean square error of approximation (RMSEA) = 0.073; the comparative fit index (CFI) =.97; the goodness of fit index (GFI) = .92) and twofactor shows that the model can be considered compatible with the data. These results show that the data obtained from the research are compatible with the predicted institutional structure of VHS (two-factor

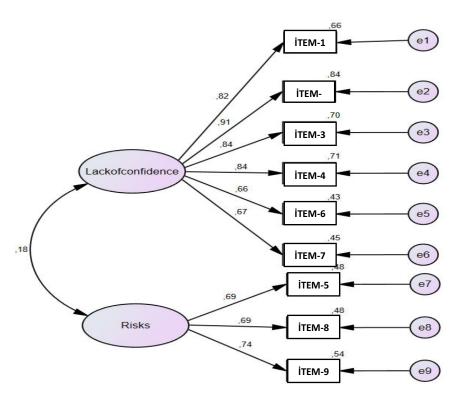


Fig. 1. First level factorial structure of the Vaccine Hesitation Scale.

Table 2. Standard regression coefficients of the Vaccine Hesitation Scale

Scale items	Standard Regression Coefficients			
	Lack of confidence sub-dimension	ee Risk sub	-dimension	
VHS -1	0.82			
VHS -2	0.91			
VHS -3	0.84			
VHS -4	0.84			
VHS -5		(	).69	
VHS -6	0.66			
VHS -7	0.67			
VHS -8		(	0.69	
VHS -9		(	0.74	
Fit indices	Good fit	Acceptable fit	Scale values	
$\chi^2/df$	$0 \le \chi^2/\text{sd} \le 2$	$2 \le \chi^2/\text{sd} \le 5$	2.290	
p value	$0.05$	$0.01$	< 0.001	
RMSEA	$0 \le RMSEA \le 0.05$	$0.05 \le RMSEA \le 1.0$	0.073	
NFI	$0.95 \le NFI \le 1.0$	$0.90 \le NFI \le 0.95$	0.949	
CFI	$0.95 \le CFI \le 1.0$	$0.90 \le CFI \le 0.95$	0.971	
GFI	$0.95 \le \text{GFI} \le 1.0$	$0.90 \le GFI \le 0.95$	0.925	

CFI = the comparative fit index, GFI = the goodness of fit index, NFI = the normed fit index, RMSEA = the root mean square error of approximation, VHS = Vaccine Hesitation Scale

model). As seen in Table 2, the acceptable fit of x²/df, RMSEA, the normed fit index (NFI) and GFI values show a good fit of CFI values. As a result of the analyzes, it can be interpreted that the original structure of the scale with two factors is compatible with Turkish culture. In the standard regression coefficient analysis of VHS items and scale sub-dimensions, "lack of confidence" was found between 0.66-0.91, and the "risks" sub-group was found 0.69-0.74. The 9-item form obtained to measure the VHS retest reliability was sent again fifteen days later and 76 people responded. Pearson's correlation coefficients were calculated and it was found that the correlations found were significant.

#### **DISCUSSION**

This study examined the psychometric properties

of the "Vaccine Hesitancy Scale" that adapted to Turkish. Shapiro *et al.* [16] calculated the common variance of the 10-item scale as 66.73%, and the 9-item English version as 57.25. Also, Luyten *et al.* [37] used the English version and determined that the scale consisting of two factors and 9 items explained 71.8% of the total variance. Sabahelzain *et al.* [18] observed that the two-factor structure of the 10-item version of the scale made up 50.8% of the total variance in the study of adapting the scale to the Saudi language. This study was found that the scale consisting of two factors and a total of 9 items constituted 68.69% of the total variance. It is similar to the studies done with VHS.

In the confirmatory factor analysis, analyzes were performed for two factors of 9 items of the scale. It clearly showed the best fit in the analysis results. Thus, a two-factor structure consisting of a 6-item 'lack of confidence' section and a three-item 'risks' section

showed the best psychometric properties of VHS. The study by Shapiro *et al.* [16] found that confirmatory factor analysis was performed for both 9 and 10-item versions of the scale and both one and two-factor solutions, and clearly showed the best fit for the two-factor 9-item version (RMSEA = 0.0750, CFI = 0.9, TLI = 09666). Similarly, we found that the 9-item version showed the best goodness of fit. Many studies also found that CFA complies well [16, 18, 37].

Shapiro et al. [16] removed item 10, a nine-item VHS was divided into two factors, seven and two, respectively. In their study, the first factor (consisting of seven items) represents 'lack of confidence' and the second sub-dimension (consisting of two items) represents 'risks'. In the study, as a result of the explanatory factor analysis in 9 items of VHS, a two-factor structure with VHS subscales characterized by 'lack of confidence' and 'risks' was revealed. The first subdimension (consisting of six items) represents "lack of confidence" and the second sub-dimension (consisting of three items) represents "risks". Therefore, the 5<sup>th</sup> item was distributed under the risk subgroup. CFA analysis results in this direction showed good harmony. Domek et al. [15] stated that there are five items loaded on the first factor in his study, and these are primarily related to vaccine trust and positive attitude towards vaccines. There were two items loaded into the second sub-dimension regarding vaccination risk and peace of mind, and perceptions that vaccines are not beneficial. However, items in each subscale were loaded differently from other studies, because in our study, the 'lack of confidence' subscale consisted of 6 items and the risks subscale had 3 items. Shapiro et al. [16] stated that for the future development of the scale, the number of items in the 'risks' component should be increased. Generally, fewer than three items of the factors are considered unstable, and the Cronbach α calculation has limitations for a two-item subscale [38]. The risks subscale of the scale should consist of 3 items. These differences were due to the adaptation of the scale [15-17]. Vaccine hesitancy is a complex and multidimensional issue [16, 25, 39]. Similarly, with other studies, [16, 32, 37]. our findings suggest that our adaptation is far from one-dimensional VHS. It showed that it makes it very two-dimensional because trust and risk structures have been recognized as part of vaccine hesitation.

The Cronbach alpha for the VHS total scale in the

study was 0.80. The Cronbach alpha for the first subdimension 'lack of confidence' was .90 and the second sub-dimension 'risks' was 0.74. In the study by Shapiro et al. [16], Cronbach's was α 0.92 for 'lack of confidence' and Cronbach's a 0.64 for 'risks'. Domek et al. [15], Cronbach's alpha values for the confidence subscale and the peace of mind subscale were 0.78 and 0.70, respectively. Likewise, studies noted that Cronbach alpha values were higher [15]. The Cronbach alpha coefficient, which is a measure of the internal consistency of items, is used to explain or question the homogeneous structure of the items in the scale. It is interpreted that the items in the scale with a high Cronbach alpha coefficient consist of items that are consistent with each other and that measure the same feature. If the Cronbach alpha coefficient is 0.60-0.80, it is highly reliable, and 0.80-1.00 indicates that it is highly reliable [36]. The data of this study were found to be reliable.

The retest reliability of VHS shows that it measures the relevant structure properly. Also, a large correlation between VHS subscales and retest indicates that VHS has criterion validity. The fact that the subscale means were almost the same for the study group and the retest group supports the accuracy of the study in terms of both validity and reliability. Likewise, the findings of the two data groups in the lack of confidence and risks subscale are very close to each other. The parallelism of the averages in the study also shows the consistency of the findings in two different periods and provides evidence about the validity and reliability of the scale.

Vaccine hesitancy is complex and specific to the situation and varies with time, place and types of the vaccine. It is affected by factors such as indifference, comfort and trust [13]. Vaccine hesitancy is constant and it can be measured by evaluating attitudes and beliefs towards infectious diseases. The multifactorial and complex causes of the hesitancy around vaccination require a wide variety of approaches, interventions and policy changes. These changes also should be implemented at the individual, community, health system and national levels. Improving understanding of how these factors vary between different subpopulations among healthcare providers, the healthcare system and public health authorities can help the studies of vaccine hesitancy. Importantly, this scale can help us understand the individuals' level of vaccine hesitancy during the COVID-19 epidemic as this understanding can develop appropriate interventions. Therefore, standardized measurement tools such as those proposed by SAGE will make it easier to measure the amount of hesitancy. It is necessary to have the capacity to measure the geographic clustering of hesitancy. Changes in the prevalence of hesitancy over time through serial, cross-sectional questionnaires using standardized questions and methods are critical [20]. The fact that the findings obtained as a result of statistical analysis are quite compatible with the data in the original article of VHS shows the validity and reliability of the scale [16].

## Limitations

The findings of the study should be interpreted within the geographical, socioeconomic and sociocultural context of the research participants and areas. Retest data were obtained by contacting the people in the study group after an average of 2 weeks. It was very difficult to reach even 76 people out of 246 as a repeat group.

# **CONCLUSION**

Minimizing vaccine hesitancy is an international priority. VHS has been adapted and used in many countries, but these countries are generally in the United States of America and Europe. While there might have been cultural differences regarding the Turkish form of the scale at the beginning of the study, the data showed that VHS is quite compatible with Turkish culture. VHS has been found two factors including 'lack of confidence' and 'risks' with structure and criterion validity in identifying individuals with vaccine hesitancy. Shapiro *et al.* [16] evaluated the reliability of the retest and found it to be reliable. A standardized, validated measure of vaccine hesitancy beliefs will help advance the research and vaccination policy.

## Authors' Contribution

Study Conception: HYD, İD, ZT; Study Design: HYD, İD, ZT; Supervision: HYD; Funding: HYD, İD, ZT; Materials: HYD; Data Collection and/or Processing: HYD, İD, ZT; Statistical Analysis and/or Data Interpretation: HYD, İD; Literature Review: HYD, İD,

ZT; Manuscript Preparation: HYD, İD, ZT and Critical Review: HYD, İD, ZT.

## Conflict of interest

The authors disclosed no conflict of interest during the preparation or publication of this manuscript.

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